

# GAIL MULLER

ADVENTURER : EDUCATOR : AUTHOR



**With 20+ years as an educator and bestselling adventure memoirist, Gail Muller delivers dynamic talks that embolden students facing uncertainty. She equips them to harness grit and unlock their full potential, no matter the challenges ahead.**

Drawing from her thousands of wilderness miles and her recovery from chronic illness, Gail shares transformative lessons to help today's youth navigate significant mental health challenges. With infectious optimism, she assures students they possess deep wells of tenacity. As someone recently diagnosed with ADHD, Gail candidly models how perceived weaknesses can be hidden superpowers, illuminating the gifts of neurodiversity.

Battle-tested, Gail shatters assumptions about failure, inspiring students to silence inner critics, approach obstacles with curiosity, and uncover unique talents. They leave knowing that with resilience and unity, they can weather any storm and emerge stronger.

See Gail in action 

**Gail was able to instantly connect with our students and win them over with her warm, relatable delivery and infectious enthusiasm. Her ability to share her journey to success, despite the huge adversity she has faced, was inspiring.**

— KATE MOSKWA, PRINCIPAL AT ABDUL RAHMAN KANOO INTERNATIONAL SCHOOL, BAHRAIN

## Signature Talk Topics

- How to have hope when you feel discouraged
- Self belief - having the confidence to dream big
- Positive mindset - navigating the unknown
- Dare to be different - embrace your authentic self
- Why our 'Broken Bits' are actually our superpowers

