

GAIL MULLER

ADVENTURER : EDUCATOR : AUTHOR



With unparalleled resilience forged through thousand-mile treks and two inspirational books, *Unlost* and *Do Hope*, Gail illuminates timeless lessons from embracing neurodiversity and overcoming chronic illness. Her signature blend of wit, wisdom, and authenticity moves audiences one moment and has them laughing together the next.

Through anecdotes spanning countless miles of adventure, Gail reveals how transformational change begins by challenging assumptions about what is possible. She reminds even sceptics that adversity brings hidden opportunities.

Translating her adventure mindset into actionable takeaways, Gail's talks ignite teams to bring their authentic selves to any challenge. Armed with tools to maintain optimism, celebrate micro-wins, and uplift each other, people leave inspired to take action, restore values, and redefine limits – even on the stormiest horizons.

See Gail in action 

Gail has left a huge impact on all of our employees; her articulation of an amazing journey captivated our audience and left them literally open mouthed.

– MATT DOCKRAY, VENUE GROUP

Signature Talk Topics

- Hope through adversity
- Resilience and courage in crisis
- How to live a wild life in the everyday
- The art of following to lead
- The power of empathy for high-performance teams
- Why adventure is for everyone

